

HEALTHY PIZZA

INGREDIENTS

Lebanese bread wraps (or wholegrain wraps)

Vegetables (tomatoes, capsicum, corn, red onion, mushrooms)

Pineapple

Ham

Cheese

Tomato paste

Put wraps on an oven tray lined with baking paper.



1

Chop vegetables and grate cheese



2

Cover base in tomato paste.
Scatter vegetables, pineapple and ham over pizza base.
Cover with grated cheese.

Preheat the oven to 180 degrees. Bake in oven until cheese melts.



3



4